

# LOCAL 50

## Plumbers, Steamfitters and Service Mechanics

Volume 9 Issue 3

Newsletter

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Northwood, Ohio 43619

419-662-5456

### Special points of interest:

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- \* Apprentice of the Year Nominations
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### Office Closings

Health & Welfare and the Credit Union will be closed at noon on April 22, 2011 for Good Friday. Please remember that the Credit Union closes at 4 p.m. on the last work day of each month. The Nurses' office will be closed all day on Friday, April 22nd.

### Apprentice of the Year Nominations

We ask that you take a moment and nominate a graduating apprentice for the Outstanding Apprentice of the Year Award. Please fill out the nomination form (enclosed) and return it to the Finance Office by May 2, 2011.

### Credit Cards Accepted

The Local 50 Finance Office is now accepting all major credit cards for your monthly dues payment. If you wish, we can take a credit card payment over the phone. We also have the ability to set up monthly payments for your dues that will automatically charge your credit card on the 15th of every month. To set up monthly withdraws, stop by the Finance Office to fill out the form or call and we will take your information over the phone. To qualify for the automatic withdraw, your dues must be paid up to the current month. So the payment for your May dues will be charged to your card on April 15th. Please note, we will not give out cash on credit or debit card transactions.

### Golf League

Local 50 golf league will start on April 20th. First tee time will be at 4:30 p.m. and last tee time will be 5:07 p.m. This years cost will be \$363.00. This includes 18 weeks of golf, hamburger/bratwurst buffet dinner for our fun night and outing at the end of the year. Your money must be paid on or before the first night of golf. Everyone from last year's league that is planning on playing this year must call John Brocus at 419-467-2768 on or before April 1st. If you do not call before April 1st, you will forfeit your spot. After April 1st, those Local 50 members that are interested in joining our league may call John to see if any openings are available. Total players are limited, first to call, first to play. Also, if anyone would like to sign up as a sub, please call John anytime. This years golf outing will be at Giant Oak Golf Club on August 27th shot gun starts at 9 a.m. The cost of this outing will be \$75 a person which includes golf, cart, steak dinner, great prizes, drinks, a hot dog, drink & chips at the turn.

### L50 Softball

It's that time of year to get ready to play some softball. If you are interested in playing or coaching, call Mike Busse at 419-351-6145.

**MCA Classes**

It is important that all active members who plan to work get this training done on a yearly basis. **Call the MCA at 419-666-6900 or Owens Community College- Tracy Road at 567-661-7357 to reserve a spot.** The employee shall complete this training outside normal hours and shall receive a stipend and/or other compensation (up to ten hours) as determined by the PIPE Committee. Some of the upcoming classes that will be given at the MCA Office and Owens Community College are as follows:

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**Drug Free Workplace Training in Fremont, Ohio      Wednesday, April 6th    5–6:30 p.m. Employee      Clarion Inn & Conference Ctr.**

Note: This has to be done yearly      **6:30–8:30 p.m. Supervisor      3422 Port Clinton Road**

Call 567-661-7357 to register      **Instructor: Bess Cochran**

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**OSHA 4 Hour Refresher—Unit 2      Wednesday, April 6th    4:30–8:30 p.m.      At MCA Office**

Note: This is only if you already have 10, 16, 30 Hour OSHA Card      Instructor: Pattie Hamons

Call 419-666-6900 to register      Pizza will be served

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**Drug Free Workplace Training      Wednesday, April 13th    5–6:30 p.m. Employee      At Owens, 30150 Tracy Road**

Note: This has to be done yearly      **6:30–8:30 p.m. Supervisor      Instructor: Bess Cochran**

Call 567-661-7357 to register      This class will be offered again on Monday, April 11th

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**Adult CPR/First Aid & AED      Monday, April 18, 2011    4–9 p.m.      At MCA Office**

Available for Local 50 members & their immediate family & office staff    Lite dinner provided      Instructors: Bess Cochran & Brenda Reid

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**Joint Safety Meeting AGC, MCA & Safety Council      Tuesday, April 26th 7:30–9 a.m.      Holiday Inn French Quarters**

Topic: Trenching & Excavating      Registration is at 7:30 a.m. OCLB credit available      Speaker: Dennis Hobart

Call 419-662-7777 to register

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Remember you can also take the OSHA 16, 30 or 4 Hour & The Drug Free Workplace online. Go to [www.nwsafety.com](http://www.nwsafety.com) Click on the online training link that says OSHA & DFWP online safety training. This is located above the guy wearing the red hard hat. Select which training that you want. The OSHA 4 hour is the purple link & you select password and hint. Your user name is your first and last name. Make sure all pop up blockers are off. When taking the OSHA 4 hour refresher, make sure you complete all 4 topics. If you are doing the 16 or 30 hour, log under group not individual when you sign in. You must complete the OSHA evaluation at the end of the course or you will not get your OSHA card. Call 1-800-842-0466 ext. 219 for tech support.

### New Retirees

Warren "Tom" Bosh 3-1-11

Thomas Pawloski 3-1-11

Richard Wells 3-1-11

### Retiree's Alumni Meeting

The next Retiree (Alumni) Meeting will be held Wednesday, April 20th at 11:30 a.m. It will be held at Chowders n' Moor, 7723 Airport Highway, Holland, Ohio.

### Chronic Disease Management Program

Looking for members 60 and above who would like to attend a workshop for chronic disease management; 2 1/2 hrs once a week, for six weeks at Local 50. It is a structured program out of Stanford University offered free of charge by Mercy Health System and Area Office of Aging. Each participant will receive a companion book: *Living a Healthy Life with Chronic Conditions*, and an audio relaxation tape, *Time of Healing*. If you would be interested in attending, call the Nurse's Office at 419-662-1272. Class is limited to 20 participants with a minimum of 6 to hold the class.

### Free Vascular Screening

Bay Park Hospital FREE carotid, aortic, and peripheral arterial disease testing will be available on April 11th from 1–6 p.m. To qualify for the screenings, you must be over the age of 64, or over the age of 50 with a history of one or more of the following risk factors: diabetes, high blood pressure, smoking, or family history of vascular disease. Call 419-690-7845 for more information and to schedule an appointment.

### Eldercare Support Group

Caring for an elderly loved one brings responsibilities and challenges that may at times be overwhelming. The Mercy EAP is offering an Eldercare Support Group beginning on Thursday, April 28, from 5:30 until 6:30 p.m. at the Local 50 Hall. Save the date! If you are interested in attending, call the Nurses' office at 419-662-1272.

### Health U Workshops

There are still a few openings for the Health U workshops for members or spouses 60+ years starting Thursday, April 14th from 1–3:30 p.m. in the Training Center. Registration is required. Call the Nurse's office for more information at 419-662-1272.

### Generic Prescriptions

Many generic prescriptions can be obtained from **Kroger, Target, or Giant Eagle** for prices less than insurance co-pays or mail order.

**Meijer Pharmacy** offers free antibiotics and pre-natal vitamins as well as free Metformin Immediate Release tablets for diabetics. Check with these local pharmacies to see if your medications are on their list of discounted drugs.

**Deceased Members**

David L. White 2-28-11      David A. Grand 3-3-11      Milton O. Spathelf 3-8-11      Stephen Fejes 3-12-11

**Income Tax Information**

Dues deductions are as follows:

- Dues \$28.00 per month
- 3% of gross wages from January 1, 2010 through December 31, 2010
- .80 per hour paid from January 1, 2010 through December 31, 2010

Minus Political Action Fund Contribution

- .03 per hour worked from January 1, 2010 through December 31, 2010

**Drugs & Alcohol: What You Should Know**

Are you concerned about how drugs and alcohol may be affecting you and your family? Come learn more about this topic in a drug and alcohol education series offered by the Mercy Employee Assistance Program:

The Effects of Use on Brain Chemistry—Wednesday, June 15th from 6–7 p.m

Codependency and Family Dynamics—Wednesday, June 22nd from 6–7 p.m.

Sessions will be held in the Bay Room at Mercy St. Charles Hospital, 2600 Navarre Avenue, Oregon, Ohio 43616. If you would like to attend but cannot do so in June, please note that the sessions will be repeated in August and October.

This series is free to all union members and their families. For more information or to register, please call 419-251-1444.

**Thought of the Day**

Having a positive mental attitude is asking how something can be done rather than saying it can't be done. - Bo Bennett

Fraternally,

Eric Osborn,

Financial Secty-Treas





